

# Learning Mode Test

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**Directions:** Discover your own preferred mode of learning. Circle the letter of the response you would enjoy most.

**1. I would prefer to**

- a. Listen to a story on tape
- b. Watch a story on video
- c. Prepare a special contribution that kids put on for adults
- d. Make something to illustrate a story

**2. When I learn something new, I want to**

- a. Hear someone explain it
- b. Read the text for myself
- c. Use the information in real life
- d. Touch the real thing and maybe take it apart

**3. When assembling something the first time, I usually need only to**

- a. Hear someone describe what to do
- b. See a picture or diagram
- c. Read the directions one step at a time as I fit the pieces together
- d. Figure out what to do by fitting the parts together

**4. I prefer a lecturer to**

- a. Tell the various points he/she is making without interruption
- b. Demonstrate the points he/she is making so I can see what he/she is talking about
- c. Let me get involved with solving a real problem and then make the main points in the context of the problem
- d. Use models and objects to make the point and let me hold them

**5. My favorite learning activity involves**

- a. Listening to audio tapes
- b. Watching a video
- c. Planning and preparing a TV show
- d. Making a craft

**6. If I need to learn how to get somewhere, I**

- a. Ask someone to tell me the best way to go
- b. Ask someone to draw a simple map
- c. Get a map, start out, and maybe ask if I get lost
- d. Ask or read the directions and draw my own map

# What is Your Mode?

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If you scored six of one letter, you undoubtedly prefer the learning style listed beside that letter below; four to five indicates a probably preference for that style; one to three indicates you do not show a strong preference for that style. If your scores were distributed amount the three or four styles, you are a multi-sensory learner and like to use all modes.

- a. Auditory learner
- b. Visual learner
- c. Experiential learner
- d. Kinesthetic learner